



Sclerotherapy Pre and Post Treatment Instructions

Pre-Treatment Care Instructions:

Avoid tanning lotions for 2 weeks before treatment.

Do not shave or wear any lotions/cosmetics on your legs the day of treatment.

Please wear loose fitting clothing & bring shorts to your appointment.

You will be required to purchase compression/support stockings prior to your first treatment. At your consultation, your service provider will tell you where to purchase & will provide a prescription. You will need class II (20-30mHg) graduated support stockings. **You MUST bring these with you the day of treatment.**

Post-Treatment Care Instructions:

If you're experiencing any discomfort, you may take Motrin or Aleve. The veins treated may look worse before they look better. Expect some discoloration around the treatment area, that could last a few weeks.

Keep the compression/support stockings on constantly for the next 48 hours. After 48 hours, you may take the stockings off to shower. You need to wear the stockings for 2 weeks post treatment.

AVOID exercising for 3 days post treatment. AVOID lifting weights with your legs for 2 weeks post treatment.

AVOID public swimming pools, hot tubs, tanning beds & direct sun exposure to the area for 2 weeks post treatment.

Possible side effects include:

- Discomfort, burning or stinging
- Redness, swelling, bruising or blistering
- Hyper/Hypo-pigmentation
- Scar or ulcer formation
- Infection or allergic reaction
- Clot formation, temporary phlebitis or matting
- Reoccurrence of treated vessels

****If patient experiences any type of adverse reaction, they should call SCG Spa at 717-243-0307****